



LASER TREATMENTS

POST-PROCEDURAL CARE INSTRUCTION BOOKLET

INTRODUCTION TO THE VENUS BLISS™ LASER POST-PROCEDURAL CARE INSTRUCTION BOOKLET

The post-care instruction booklet has been created to help you prepare for your care after your treatment has been completed in the clinic. Following these instructions will maximize your aesthetic outcome. The booklet will also provide you with a few of the post-procedural warning signs that may herald a complication. As you discovered from our informed consent booklet and your discussion with most potential complications tend to be minor and can be effectively managed if we are notified promptly. Please read this booklet carefully, initial each page, and sign the last page to indicate you have read and fully understood its contents. If you do not understand any of the items in the post-care instruction booklet, please do not hesitate to call the clinic and speak with . In the rare instance that you are unable to contact with a post-care concern, and you feel it is of an urgent nature, please proceed to the emergency room of your nearest hospital. Remember, your excellent aesthetic outcome and quality of care is our goal. We are here to help you!

CONTACTING THE OFFICE

Office:
After Hours:

Client Initials: _____ Date: _____

POST-PROCEDURAL CARE INSTRUCTIONS

POST-PROCEDURE COURSE - DAY 1 TO 7

A vigorous massage to the treatment area for 5-10 minutes, 1-2 times per day, is recommended to the treatment area.

If tenderness is present, you apply ice packs or cooling compresses as needed.

To enhance the results of the treatments, it's recommended to maintain a healthy and active lifestyle. Gaining weight during the treatments could compromise the end results.

The healing time for any given treatment varies between different clients. The following represents the general recovery phases you might expect. Individual clients may experience variations from this course.

Activity:

There are no physical restrictions post-treatment and any tenderness to the treatment area may take up to two weeks to resolve. Regular daily activities can be resumed post-treatment.

Moisturizer:

Moisturizer may be applied immediately after each treatment.

Swelling/Discomfort/Redness/Bruising/Nodules or areas of Firmness/Skin Harness, Blistering/Skin Burn:

You may experience some of the side effects listed above along with mild tenderness at the treatment site. Notify us if you experience pain that is severe or excessive, as this is unusual. Bruising is not common, let us know if this occurs.

Sun Avoidance:

Sun avoidance should become a permanent component of your long-term skin care program. Always use an SPF 30 or greater even on a cloudy day.

Client Initials: _____ Date: _____



VENUS BLISS™ LASER POST-PROCEDURAL CARE INSTRUCTION BOOKLET - ACKNOWLEDGMENT AND RELEASE

I, _____ have had an opportunity to review the post-procedural care instruction booklet. I understand the items it contains and have initialed each page. I have been given an opportunity to ask any questions regarding these instructions and have had these questions answered to my satisfaction.

I understand that my cosmetic outcome may be compromised or a complication may ensue by:

1. Failure to attend any scheduled post-procedural visit.
2. Failure to follow post-procedural care instructions.
3. Failures to report symptoms or signs that are unusual or concerning.

_____ Patient or Person Authorized to Sign for Patient		_____ Please Print Name Here	
DATE: _____	WITNESS: _____	_____	_____

Client Initials: _____ Date: _____